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Dance
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Dance

My journey in this class leading up to the 2013 Annual Winter Showcase was filled with learning, observing, and hard work. I had a lot of catching up to do after changing my major to dance. I learned the sequence of the warm up that we do at the beginning of every class, and I learned that my legs are less flexible compared to the rest of body. I don't know how to spot. I want to focus on spotting next, as well as, my flexibility. I learned what it means to square my hips. Alignment of the body is very crucial. It was a little chaotic but I followed through instructions and the best that I can do for myself.

Some of my strengths include cleaning up choreography, teaching, and catching up on choreography. Some of my weaknesses include flexibility, and confidence on stage. When we go across the floor or while rehearsing for the winter showcase, I am conscious of my body and movement. I want to work on my face expressions and confidence during performance.

Leading up to the Winter Showcase, tapping was something new and difficult for me but I enjoyed it a lot. I think that if we had more time, I think we could have been a strong and clean tap team on stage. Personally, time and confidence brought me to choose to not perform.

I've increased my knowledge on vocabulary and my understanding of my body. For example, *passé*, when a foot is placed near, or, below, or above the other knee. I also learned what it means to turn out. There is also the *tombé*, *pas de bourrée*, *glissade*, *grand jeté* combination. I also learned that to *plier* is important so that it can prevent one from injuring oneself. There is still a lot more of vocabulary that I have to catch up on. This journey is not over and I can't wait to continue learning and growing in the field of dance.